

<https://vmjin.tetaneutral.net/spip/spip.php?article15>



Chi Ryaku no Maki 0enû

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Date de mise en ligne : mercredi 3 juillet 2019

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0enû Chi Ryaku no Maki - earth strategy scroll

4SJÕ Hajutsu KykhM - defeating techniques nine methods

Kã Te Hodoki - hand escape
Sã Tai Hodoki - body escape
ao Oya Goroshi - kill the parent
P° Ko Goroshi - kill the child
p Koshi Kudaki - hip break
k¹t HappM Keri - eight-directional kicking
t Keri Kudaki - kick destroyer
t Keri Kudaki - kick destroyer
ó Ken Kudaki - fist destroyer
" Henka Kudaki - variation on destroyer

UKw,UK< Torite Kihon Dori no Kata - main initial unarmed forms for capturing and defeating

h Omote Gyaku Taoshi - outside reversal toppling
Ï U Ura Gyaku Dori - inside reversal capture
P< Suwari Gata
" Å Ichigeki - one rage

kÕt K< HappM Keri Henka no Koto - eight variations on kicking methods list

-t Sukui Keri - scooping kick 1-8

Û HitM - jumping knock down
ìÛ Kappi - arresting jump
±Û Konpi - tying up jump
A±W Jkmonji - cross
t↯ Keri Sukui - kick scoop
³b Ashi Dome - leg stop

€ Gyaku Waza - reversal techniques

û~hÏ Take Ori Omote Ura - bamboo breaking outside inside

h U Omote Gyaku Dori - outside reversal capture
Ï U Ura Gyaku Dori - inside reversal capture
, U Hon Gyaku Dori - main reversal capture
h< Omote Onikudaki - outside demon crush
Ï< Ura Onikudaki - inside demon crush
f U Musha Dori - warrior capture
fÏU MusM Dori - both warrior capture
' Lgyaku - big reversal

•< Nage Kata - throwing forms

ìó• Ganseki Nage - big rock throw

" Ìó= Ganseki Otoshi - big ock drop
" Ìó¼ Ganseki Oshi - big rock press
" Ìó~ Ganseki Ori - big rock break
Âp Harai Goshi - sweep the hips
• Gyaku Nage - reverse throw
'= Taki Otoshi - waterfall drop
" Ì • Seoi Nage - shoulder throw
" p• Koshi Nage - hip throw
' • Lsoto Nage - big outside throw
...j...> Uchimata Uchigake - inner thigh, inner trap
óp• Hane Goshi Nage - springing hip throw
" Kó Te Ken - hand strike
" ³ó Ashi Ken - leg strike
" Só Tai Ken - body strike
Û• Itami Nage - pain throw
" Kó Te Ken - hand strike
" ³ó Ashi Ken - leg strike
" Só Tai Ken - body strike
A4LM Ryksui Iki - flowing water movement
" ô• Tomoe Nage - circle throw
" ËA Tachi Nagare - standing flow
" *A Yoko Nagare - side flow
" K• Temakura - hand pillow
" Ê• Kuruma Nage - wheel throw

à€"Õ Shime Waza GohM - choking techniques five methods

,à Hon Jime - main choke
à Gyaku Jime - reverse choke
Ûà Itami Jime - pain choke
Òà Sankaku Jime - three-corner choke
à DM Jime - body choke